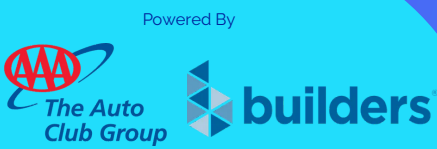
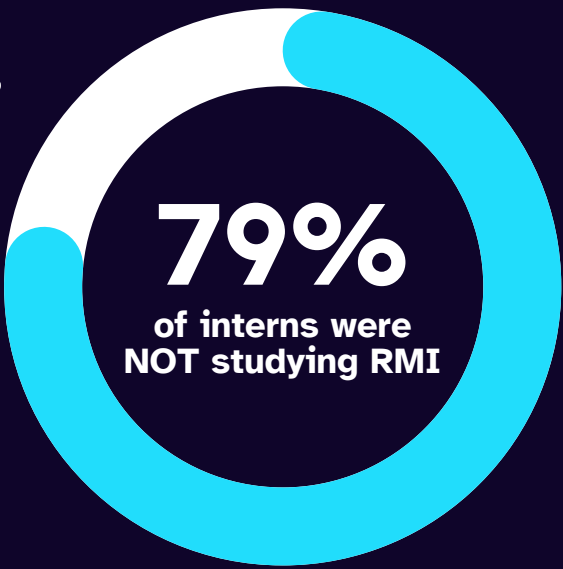
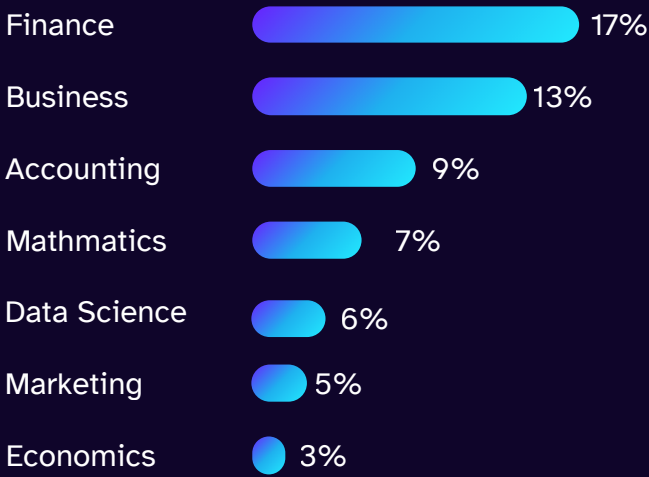


Real insights from 150
interns across 50 elite
insurance companies.



1 Insurance Needs More
Than Insurance Majors

Top majors interns come from



Insurance is attracting talent from
every academic background

2 More Than One
Career Path



19%
UNDERWRITING

MOST COMMON
SINGLE-AREA
FOCUS

Many internships expose students
to multiple departments across the
business.

3 Competitive Pay
Across the Industry

\$22.66
avg. hourly pay

4.7%
increase
from 2025



4 Benefits Beyond
the Paycheck

71%
of interns received
benefits beyond
their hourly pay

3 out of 4 interns accepted their
internship because of culture, growth
opportunities, or company reputation.

MOST COMMON BENEFITS OFFERED

33%

Paid
Holidays

25%

401k/
Retirement

24%

Wellness
Benefits

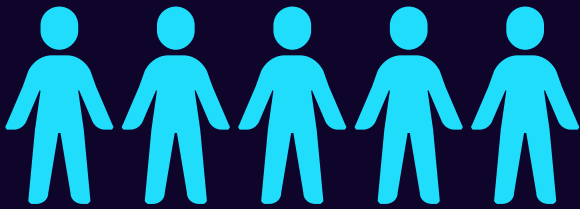
14%

Housing/
Relocation
Assistance

13%

Professional
Development
Stipend

5 Internships Build
More Than Experience



67% of interns left with 5 or
more professional references
from their internship

Insurance internships help students build
a professional network that can support
them long after the summer ends.

6 Real Work.
Real Impact.

Insurance internships are built
around meaningful, hands-on
experience.

60% Led an intern project

59% improved a
business project

54% contributed to core
business ops

30% worked on initiatives
that impacted
company performance

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Qriseprofessionals.com/elite-50-internships/





The Insurance Industry's Guide for the Best Places to Intern

Real insights from 150 interns across 50 elite insurance companies.



Powered By



A.I.M. Mutual Insurance Company	
AAA - Auto Club Group	Exemplary Workplace Culture
Admiral Insurance Group	Best Intern Led Projects
American National Insurance	Leading in Intern Engagement
AmTrust Financial Services	
Amwins	
Arch Insurance Group, Inc.	Unparalleled Networking Experience
Ascot Group	Dedicated to Developing Future Leaders
Berylline Insurance Group	
Brown & Brown	
Builders Insurance Group	Top Rated Mentorship Experience
Builders Mutual	Most Holistic Professional Development
Carisk Partners	Best Quality of Life
CRC Group	
Dellwood Insurance Group	
Donegal Insurance Group	Best Sense of Belonging
EMC Insurance Companies	
Encova Insurance	Most Supportive Learning Environment
Erie Insurance	
Falvey Insurance Group	Superior Overall Career Development
Grange Insurance	
Harford Mutual Insurance Company	
Higginbotham Insurance Agency, Inc.	
Hylant	Dedicated to Practical Learning
Integrated Specialty Coverages, LLC	Most Innovative Internship Experience
Liberty Mutual Insurance	Top-Tier Onboarding Experience
Markel	
MEMIC	
MS Transverse	
Mutual of Omaha	Strongest Intern-to-Career Pipeline
Nationwide Insurance	
Ohio Mutual Insurance Group	Outstanding Industry Exposure
Palms Insurance	
Preferred Mutual Insurance Company	
RLI Insurance	
Ryan Specialty	
SageSure	Exceptional Skill Development
SECURA Insurance	
Selective Insurance	
Skyward Specialty Insurance	Excellent Compensation & Benefits
Society Insurance	Excellence in Experiential Learning
Starr Insurance	Most Inclusive Internship
The Cincinnati Insurance Companies	
The Hartford	
The Mutual Group	Most Dynamic Rotational Program
Tokio Marine America	
Travelers	
Utica National Insurance	Excellent Personal Development
West Bend Insurance Company	Top-Tier Growth Opportunities
Westfield Insurance/ Westfield Specialty	Exceptional Executive Access

